

Item 2

When [P] is in {anxiety situation} how much does it affect them?

Is it mild enough that they can more or less carry on as normal?

If more severe:

Can they cope with the feelings on most occasions?

Or does it usually have a major effect?

Item 2: Intensity of anxiety

- Mild anxiety or occasionally moderate. The symptoms of anxiety are visible, but [P] can usually cope with them.
- The level of anxiety is such that it has a significant impact on [P]'s ability to cope or function in the situation. If the anxiety is sometimes severe, it is severe on less than half the occasions.
- Severe anxiety on more than half the occasions. Being in the situation usually results in major anxiety.

Rate intensity of anxiety on the most severe of these circumstances.